

# THE CHAKRA JOURNAL

**Chakra**  
COLOR PRODUCTS

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## TRANSFORMATION & RENEWAL CENTERS CHANGE LIVES AND PROMOTE HEALING

Columcille Megalith Park, located in Bangor, Pennsylvania, was established in 1978 by founder William H. Cohea, Jr. (Bill) as a transformation center. Bill's inspiration for the center began during a visit to the Isle of Iona off the coast of Scotland. His goal was the creation of a place to welcome people of all faiths and traditions to share spiritual and philosophical ideas.

Who is Bill Cohea? Bill is just a man. He's a person not unlike you or me. He loves his friends and family, hikes at Columcille Megalith Park and at 87 years of age imparts wisdom and inspires everyone who crosses his path. He has a great sense of humor and nothing to hide.

Bill is mild mannered but when necessary delivers impassioned speeches and confronts adversaries with the confidence of a superhero. He's a humanitarian and a lifetime peacekeeper. He is not afraid of corrupt powerful groups and gives others the strength to face greedy people whose decisions reflect a total disregard for life on our planet. Now Bill's message is to trust in the energy of "what is".

Bill created Columcille Megalith Park as a playground of myth and mystery. The Park's roots are of Celtic spirituality. The Park is an outdoor sanctuary open to the public as a sacred space for quiet meditation. Nearly 50,000 people have left footprints at Columcille, many of which have found solace and moments of grace and awe.



Bill's 2013 book, "From the Beginning to the Beginning", serves as a life changing reference to those who seek answers to the five basic questions of life. The five basic questions address where we came from, what we are doing here, where we go when we die, who is in charge and what our individual purpose is.

Bill began his journey as a Presbyterian minister with experience in the Navy and as a graduate from Princeton Theological Seminary where he was acquainted with Albert Einstein. He has a lifetime of experience in dealing with Corporate leaders, government officials and layman in terms of peacekeeping efforts. Those peacekeeping efforts continue on today through Columcille Megalith Park.



## FEATURED SPIRITUAL ADVISOR:

WILLIAM H. COHEA, JR.,

FOUNDER AND RETIRED PRESIDENT EMERITAS,  
COLUMCILLE MEGALITH PARK, BANGOR, PA

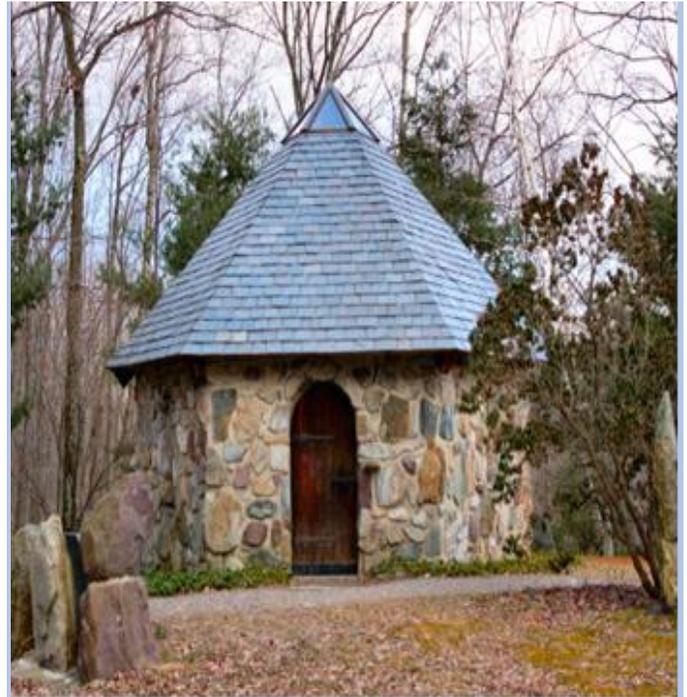
### ***H*ow Did Stones Become the Foundation of Columcille?**

Most of the big stones of Columcille came from the side of the Appalachian mountain right here where Columcille resides. People worked on the mountain long ago in order to build the first road beds. They dug up crumbly shale for the roads and left the useless big stones exposed. The stones were no longer locked in a lining of shale and trees grew and began to cover them.

I remember when I went to the mountainside to become acquainted with the stones. I had a chat with the stones to feel their energy. I picked the stones and they picked me. I cut branches away and invited them to join me at Columcille. It was at that moment I knew I had to get them here. The Appalachian stones are from the Devonian period about 30 million years ago. The ore of the stones are coated with crinoids or fossils. In this way the stones at Columcille taught me a great deal. Five hundred years from now the stones will still be here but no one will know who Bill Cohea was.

I experienced stones at Iona, Scotland in the early 60's and even though the stones were gone their energy was very much still there. In 1975 I bought the Columcille property with no knowledge of stones. I arrived here in exile of a traditional career and to catch my breath. At first I thought my experience in Iona, where I became aware of a powerful energy force, was about me working to join them abroad. The energy force had another plan and that was to join me at Columcille. I had no idea how this would happen and I assumed it would happen through people. It came through the stones instead. Nothing is as we think it is.

In retrospect, I fell in love with the stones and vice versa. In one sense the stones are like the monks in our community. I don't expect people to understand the full mystery of the creation of Columcille. People who visit a famous place take away a postcard.



St. Columba Chapel at Columcille Megalith Park

### ***H*ow Did You Arrive at Your Theory of the 3 E's in Your Book: Enter, Exist, Exit?**

The 3 E's (Enter, Exist and Exit) grew in response to the 5 basic philosophical questions as follows:

- Why are we here
- Where did we come from
- Who is in charge
- What is my purpose
- Where do I go when I die

I feel there are more important questions than who is in charge. I lost my need to know that answer long ago. When I was in the seminary at Princeton, I thought the Hebrew Christian God was in charge and his will would be done through Christians. Once we think we know who is in charge we try to control life. I became the founder of Columcille in the process of working through the 5 questions. Shortly after, I realized my views were anthropomorphic and when I chose to rethink my viewpoint a new outlook arose.

All myths try to answer the 5 questions. The only real question to ask is "what is"? When our spiritual path finds the "I am" with the "what is" then our separation disappears and our existence becomes a

mysterious flow. I don't have the foggiest idea of how to answer the 5 questions and yet I trust in the energy of "what is". We exist in a continual state of hospice where we hang on to things and rely on culture to give us reasons to exist. We may find better direction for the mystery if we work out the 3 E's.

I experienced death 3 years ago on August 5, 2011. My heart stopped during surgical complications and I survived. When I woke up several days later the first thing I said was "oh shit I'm still here". People ask me what I found over there and I tell them it's none of their business. I do not fear death and in some ways I look forward to the experience. Death will be nothing or something. In the middle of all the unknown surrounding death I trust in the energy of "what is" and I feel a gravitational pull toward the energy of "what is". I can't define it exactly and I trust it completely. The dying process may be hard work like the living process and it may also be interesting so I am on my tippy toes as I face my own death going forward.

### **What is Your Advice for the Younger Generation?**

A lot of younger people high school and college age visit Columcille and I see them as emotional refugees attempting to break out of their original plan. I encourage youngsters to stay awake. I can't tell them vocationally what to choose. I managed several intern programs during my career. Jesse Jackson



St. Oran's Tower, Columcille Megalith Park

was one of my interns who later became famous. For those who wish to make a change and solve problems in the world I recommend that they go and be with the people that they intend to help. For example, if one is concerned with agriculture they should go where they can learn hands on about agricultural basics. Go and work with people directly in a third world country and learn about the culture and the language in order to come up with new solutions and find ways to make positive changes. I'd like to see youngsters pursue music, theater and ways to communicate. For some it may be best to dig ditches and do something with the ground. Youngsters should not get caught up in finance and give up their dream or inkling toward a profession.

It is important to listen to youngsters since they don't know exactly where to put their oar into the sea. At a young age sexual desires are highly active. Sexuality and spirituality should be put together. Sex and spirituality are part of a creative process so don't think sex is not spiritual. We should let go of that dichotomy and let sex and spirituality be part of our truth to unfold wherever we are. The use of sex for instant gratification is not the answer and is prevalent in our younger generation. Instant gratification is promoted through Disney and the like and does not serve society. My hope is that these ideas are discovered by youngsters that visit Columcille.

### **How Can One Lose The Basic Human Desire For Control?**

First, you must fail a lot and the process to let go of control continues. For example, I have to decide who or what organization will inherit my library, artwork and other material things. The material things may mean nothing to others but have meaning to me. I don't want to control it but if I don't how will I give it away without pushing a burden onto someone else? It's one hell of a dilemma. We must try to do the best we can. It's like people in recovery from drugs or alcohol in that they are always in recovery. Recovery does not mean being cured because recovery is an ongoing process.

I write about change, transformation, renewal, regeneration, being and alchemy. The need to control is a sneaky thing. One can come away from a renewal again and again whether it appeals to personal, Corporate, Union or layman aspects of their lives. There is no point where I say I'm saved and no longer in need of renewal, even at 87.

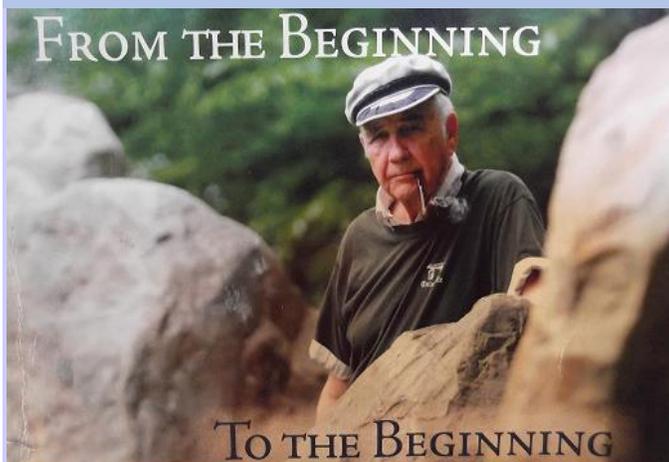
## **What is the Largest Obstacle Humans Face in the Future?**

Extinction by way of cannibalized resources. I have more than a strong suspicion that what we call human and the manifestation of us has been a long experiment and we are about to run out. Things implode, explode and go back into energy only to reconstruct again. I don't understand time. I always laugh at light years. What is a light year? It's no more to me than long ago.

We may have been around a few times already in this process. In 1977 at Iona, through dreams, I experienced 6 past lives and each one was very real and took place in different areas with different clothing, etc. I am certain that I lived very much in each one. I recorded the experience and have never forgotten it. The experience enabled me to break away from a frozen paradigm against ideas of past lives. I always reacted to the word reincarnation and I had broken free of that automatic reaction as a result of the dreams at Iona.

## **Do You Believe in the Existence of Secret Society Groups Like the Illuminati?**

Energies may come in flying saucers or through people. There's bigger things going on in the world than that of the supposed Illuminati groups. There have always been control factors. For example, if I look at cultures controlled by people with money I kind of smile. I'm more inclined to believe there are illuminated people in this mess and they are trying to free and illuminate the world. Good forces conduct the work of illumination.



Bill Cohea's 2013 Book "From the Beginning To the Beginning"

**Curriculum Vitae:** William H. Cohea, Jr., (Liam O'Cobhthaigh), founder & President Emeritus of Columcille, Inc. (1978 -2002). Bill was born in Iowa and became a Presbyterian minister in 1952. Later he made his first of many pilgrimages to Iona (an island off of Scotland). He is a Navy veteran and a graduate of Northwestern University of Princeton Theological Seminary. He served as the Executive Director of the Pittsburgh Experiment to establish policy with labor and religious leaders. He founded and served as dean of a laymen's academy of the First Presbyterian Church in Rahway, NJ and served as Director of education at the Winnetka Presbyterian Church in Illinois.

In the 60's he founded and directed the Chicago Business Industrial Project and the Urban Fellows of Chicago. In the 70's he served as interim pastor of the Lake View Presbyterian Church and founded the Lake View Academy for Chicago youth drop outs. In New York City in the mid 70's he worked as the United Nations and White House Correspondent for Inter Press Service headquartered in Rome. By 1975, Bill as a savvy urban activist, became a volunteer exile from his traditional career and founded the 17 acre Columcille Megalith Park.

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